



AGM 2020

(Incorporated Number: A43671)

ABN 41411412671

Promoting self healing

Contents

Page 3 The Board

Page 4 Chair's Report for AGM 2020

Page 7 Income Statement

Page 8 Balance Sheet

Page 9 Statement by Members of the Board

Page 10 Certificate by Members of the Board

**Fear of death exists only
in those who are ignorant
of their own souls.**

Pythagoras

Johnsen, Linda. (2016) *Lost Masters*, New World
Library, An Eckhart Tolle edition, USA p 19

The Board



Joy Nugent – Founder and Coordinator

Joy Nugent has a history of giving. She was co-founder of the Mary Potter Foundation, Founder of Friends of Hospice, and Founder and CEO of NurseLink Foundation. Over thirty years as a private palliative care nurse, Joy delivered palliative care programs in Australia and for ten years to East and West Malaysia. Her style of care and education was based on removing death anxiety. This experience is shared in a trilogy of books.



Nathaniel Nguyen – Chair

Nathaniel is a director at JL Lawyers. He regularly advises charities and other NFPs in relation to their legal obligations, governance, risk exposure and compliance strategies. He holds a Bachelor of Law (Honours) degree and a Bachelor of Commerce (Corporate Finance) degree from Adelaide University.



Ujwala Asundi-Kumar – Secretary

As well as being a qualified counsellor and healer, Ujwala is a businesswoman. She has an MBA in marketing management from Mumbai, India. For ten years she was the quality assurance coordinator for her family enterprise, EEFCO Metals & Powders Pvt Ltd. Ujwala believes in living life with a balance of enjoyment and spirituality.



Susan Nugent – Treasurer

In 2012 Susan commenced Integrative Medicine practice and study (via ACNEM, AIMA and various retreats, workshops, and conferences). In 2017 she founded Healthwise Integrative Medicine – a medical practice and event organiser with the vision “Leading the world to better health through experiential learning.”



Justin Nugent – Public Relations and Vice Chair

Justin Nugent has a legal and marketing background and is a lifelong supporter of his mother’s professional work. He runs an international logistics and freight business and acts as Global Ambassador for Bird in Hand Winery. His role on the Board is to maintain the viability of Soul Talks Incorporated with fundraising and events.

Welcome to the 2020 Annual Report which I am pleased to submit on behalf of the Board of Soul Talks Inc for the financial year ending on 30 June 2020. I report as follows:

Monthly Free Forums

Until COVID-19 restrictions came into force Monthly Free Forums were held at the Theosophical Society, South Terrace for Adelaide CBD and at Riverdell Spirituality Centre for Adelaide North. These Forums were well attended, and numbers attending were growing.

These physical Forums were replaced by Online Forums. This format showed video presentations by Health and Wellness Consultants and Hunab Ku Healing and Meditation Gallery at 18 Ebenezer Place became the filming studio. Presenters were introduced by program coordinator Jonathan MacIntyre and videoed by David Salomon from Simply Splendid Productions and Manna Abraham from CFOHUB. The presentation videos are available on the Soul Talks website under the heading of Videos.

With the easing of COVID-19 restrictions and the unavailability of the previous venues, the Hunab Ku Healing and Wellness Gallery became the venue for smaller and more frequent Free Forums on a Sunday morning from 10.30am to 12.30pm. After a trial of two months this format has been adopted and widely appreciated. To comply with Hunab Ku's commercial lease which states that permitted use of the Gallery is for Health and Wellness Consultations and associated retail, Soul Talks has become the sponsor of the Health and Wellness Free Forums which run under the Hunab Ku's banner.

Membership

Membership of Soul Talks Incorporated currently stands at 27.

Seminar

In February, International presenter William Meader gave an enlightening two full day seminar on an Esoteric View of Death. The seminar was held at the Hunab Ku Healing and Meditation Gallery with a capacity audience.

Soirees

In August 2019, a Soiree was held at the Bird in Hand Winery in conjunction with the launch of Hunab Ku Pty Ltd. Philip De Pinto, Founder & Chair of Living without Limits was the MC for the afternoon event. Gary Jaffer from the School of Practical Philosophy presented on the topic: "Why Celebrate Philosophy?" Inspiring singer-songwriter Gene Phoa provided the entertainment.

The February Soiree planned to be held at the Hilton Hotel, Victoria Square was cancelled due to COVID-19.

Newsletters

A quarterly newsletter has been sent to all members of our Mailing list. All newsletters are available on the website.

Retiring board members

Thanks to Anne Rodgers, Peter Mulraney and Tim James who have resigned since the previous AGM. Anne was a foundation Board member and frequent presenter on Mindfulness. Peter with his background in working for the Department of Taxation and as a mystery writer willingly shared his knowledge and skills. In his short time as a Board member Tim contributed with the donation of numerous books reflecting his spiritual journey. Both Anne and Tim gave free lunchtime meditations at the Hunab Ku Healing and Meditation Gallery on behalf of Soul Talks.

Holistic Health & Wellness - An Introduction to Energy Therapies

This booklet publication is still a work in progress. Anne Rodgers, Tim James, Jonathan MacIntyre, and Ujwala Asundi-Kumar are recognised with gratitude for their contribution. Joy with her author skills has written a Foreword.

Assistant Forum Coordinator

Jonathan MacIntyre has fulfilled this role as a competent energy sensitive and is thanked for his contribution and the support he continues to give to Joy.

Volunteers

Sincere thanks to Jane Simpson, Cate Davis and Judy Reeves who volunteer in welcoming attendees to the Free Forums and generally support the charity. Manish Pradhan in his role of assistant treasurer has provided invaluable service and the Board.

Presenters

Presenters at the Free Forums have shared not only the energy modality they practice but also their soul's journey. In this way encouragement has been to those health and wellness consultants who include the role of soul while encouraging self-healing and self-responsibility. When a person gets in touch with their soul death anxiety is reduced. The soul is eternal and does not die with the death of the physical body. Presenters have shared on a wide range of soul related topics including:

- Being a Death Doula
- Encounters with the Afterlife
- An Introduction to Astrology
- Meditation for Getting to Know your Deep Self
- Synchronicity and Soul
- Mindfulness for a Happy Life
- Mantras and their Power
- Wisdom from the Kabbalah
- Walking the Camino de Santiago
- Florence Nightingale – my Mentor
- Making Meaning
- Healing Underlying issues for Better Health
- Navigating the Astral Plane with a Pranic Healing Backpack
- Mandalas and Sacred Geometry
- Finding Freedom in Forgiveness
- Remember Who You Are
- Mantras and Their Power

The soul is your innermost being.
The presence that you are beyond form.
The consciousness that you are beyond
form, that is the soul.
That is who you are in essence.

Eckhart Tolle

In summary

Significant steps have been taken in the last 12 months having regard to the 2019 Strategic Plan, and I anticipate that the next financial year will be even more fruitful with sponsorships being given to Health and Wellness centres such as Hunab Ku Pty Ltd, 18 Ebenezer Place, Adelaide CBD. Thank you to all board members, our members, presenters, and volunteers for working together to help make this happen.

We thank our major sponsor Bird in Hand winery.

And also, Riverdell Spirituality Centre for Adelaide North venue sponsorship.



Signed

Chair
Nathaniel Nguyen

A handwritten signature in black ink, appearing to read "N. Nguyen".

26 / 09 / 20

Soul Talks Incorporated
41 411 412 71

Income Statement

For the year ended 30 June 2020

	2020 (\$)	2019 (\$)
Income		
Course Fees	5,250.00	4,749.00
Donations	26,684.65	73,389.55
Membership	1,250.00	2,250.00
Practitioner Support	180.00	-
Presenter's Directory	800.00	-
Session Income	95.00	-
Shop Sales	-	30.00
Soirees	5,620.00	8,074.00
Subscriptions	100.00	125.00
	39,979.65	88,617.55
Other Income		
Interest Received	0.61	4.00
Total Income	39,980.26	88,621.55
Expenditure		
Accounting Fees	1,425.59	572.00
Catering	2,368.39	3,888.16
Contractors	1,125.00	11,634.50
Courses	3,418.65	7,590.38
Forums	7,233.50	6,436.00
Insurance	310.98	293.38
Information Technology	750.49	9,374.94
Launch	-	7,560.17
Marketing	14,989.86	7,122.20
Office & printing	1,721.87	2,058.98
Soirees	742.26	4,833.58
Staff Amenities	172.26	-
Merchant Fees	460.75	2,157.00
Video Recording Expenses	5,128	-
Website Services	69.00	18,588.26
Total Expenses	39,916.30	82,109.55
Profit Before Income Tax	63.96	6,512.00
Retained Earnings at the beginning of financial year	6,512.00	-
Retained Earning at the end of the financial year	6,575.80	6,512.00

Soul Talks Incorporated
41 411 412 71
Balance Sheet

As at 30 June 2020

	2020 (\$)	2019 (\$)
Assets		
Current Assets		
Cash And Cash Equivalents	6,575.80	6,512.00
Total Current Assets	6,575.80	6,512.00
Liabilities		
Current Liabilities		
Total Current Liabilities	-	-
Net Assets (Liabilities)	6,575.80	6,512.00
Members' Funds		
Retained Earnings	6,575.80	6,512.00
Total Member's Funds	6,575.80	6,512.00

Soul Talks Incorporated

41 411 412 71

Statement by Members of the Board

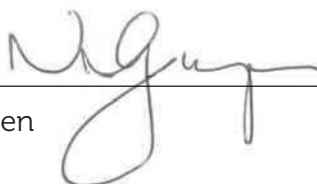
The board has determined that the association is not a reporting entity and that this special purpose financial report is prepared in accordance with the accounting policies. It presents a true and fair view of the financial position of SOUL TALKS INCORPORATED as at 30 June 2020.

At the date of this statement, there are reasonable grounds to believe that SOUL TALKS INCORPORATED will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

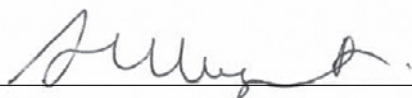
Chair

Nathaniel Nguyen



Treasurer

Susan Nugent



Dated this **26** day of **September 2020**

Soul Talks Incorporated
41 411 412 71

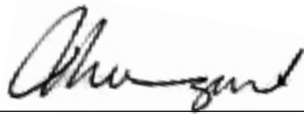
Certificate by Members of the Board

I, Joy Nugent of Domain Apartments, Unit 601, 211 Grenfell St, Adelaide, SA 5000, certify that:

- I attended the annual general meeting of the association held on 26 September 2020
- The financial statements for the year ended 30 June 2020 were submitted to the members of Soul Talks Incorporated.

Dated this **26** day of **September 2020**

Board Member



Joy Nugent



www.soultalks.com.au

